

## Winter 2017 **Spirit Is Our River**

that unites us."

Spirit Is Our River is a publication sponsored by Wayshowers Community Fellowship, Inner Peace Movement International and Peace Community Church International, three non-profit organizations affiliated with the Wayshowers Alliance of Spiritual Organizations.

## Dances of Universal Peace — All Religions, One Song

The Dances of Universal Peace (DUP) are spiritual practice in motion. They bring together people who participate in sacred phrase, music and simple movements, done in a group and usually in a circle. The experience is one that unifies and heals. Drawing on the writings, scripture and poetry of many spiritual traditions of planet earth, the Dances touch the spiritual essence within each individual, and honor the

spirit in others.

No musical or dance experience of anv kind is required and it is open to all ages. DUP leaders share the Dances in schools, churches, prisons, therapy centers, hospices, retirement villages, and other community service centers, as well as offering regularly scheduled circles, camps and retreats.

In Iowa, I attended

one of the monthly dances held at the Unity Church of Des Moines, which has been the host of the lowa chapter the past few years. The leader, Morgan Rivers, plays an open-tuned 12string guitar. Backed by a guest drummer, she provides the music and leads the group in a variety of meditation dances.

Morgan was inspired by Brian Porter, who brought the DUP to Des Moines, and Kay Kopatich, a local chaplain who started a monthly group, using musical cassette tapes. At one of the meetings, Kay invited a guest leader who played an open-tuned guitar. "I was smitten." shares Morgan. "As a musician and a guitar player, I was inspired to start learning to accompany the dances.

"I came under the wing of Allaudin Ottinger, a gentle, joyful, Sufi teacher from Kansas City. I became a certified leader in 2017. It's been a wonderful, continual process of growing and deepening with the Dances."

The inclusive nature

of the Dances is a

powerful aspect that

and others. In Des

Moines, the sessions

honor the many

around the world.

songs

drawn from over

500 Dances, DUP

dancers focus on

inner peace, joy,

harmony – feelings

compassion

Morgan

sacred

movements

from

are

and

attracted

different

traditions

The

and



"Spiritual growth is an individual activity best done in groups."

that create a sense of unity and community.

The theme for this Sunday afternoon, was "All Religions, One Song." The group experienced songs and dances inspired by Islamic, Jewish, Christian, African, Celtic, Native American, Sufi, Buddhist and other traditions.

Founder Samuel Lewis received a vision of the "Dance of Universal Peace" in 1968. He envisioned the Dances as a way to promote peace through the arts – to make "the peace which passes all understanding a reality for

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This edition of Spirit Is Our River features articles, sharings and photos from leaders and participants of WCF, IPMI and PCCI. These three spiritual, non-profit organizations were founded for the purpose of helping back people with our message of spiritual freedom. It is the Spirit that unites us!



**Spirit Is Our River**<sup>T</sup>

WAYSHOWERS COMMUNITY FELLOWSHIP

#### WCF President's Message



**Hello Fellow Wayshowers!** 

Reflecting on the 2017 calendar year, I want to express my joy and gratitude for the opportunities I've taken to serve and grow.

In the beginning of the year 2017, I co-instructed an angel encounter workshop. Working with brand new

**Ginger Garvey** 

people was a joy. I always love

sharing the orientation profile and developing relationships with new people.

In addition to growth through service, I was fortunate enough to attend the traveling International Regrouping, led by Tiger Coll, in my current hometown of Richmond, Va. Any opportunity to be in a course with other leaders is super special!

Being immersed in Spirit at summer camp is simply an amazing experience! Fellowship, teaching, serving and growing opportunities are limited only by the need for at least a few hours of sleep. It was during the annual Wayshowers Community Fellowship Board Meeting that I moved into yet another opportunity to serve and grow, as President of WCF.

In the fall, I worked with John Shortell's National Tour and facilitated his presentation of a Man and the Universe lecture and an Exploring Inner Dynamics workshop In Richmond, VA, in addition to attending the 738 A and B courses he offered. Man was I full!!! The opportunity to travel to New Jersey and participate in 738 C and D presented itself and I moved forward. Meeting the New Jersey team was amazing!

#### WCF Mission:

To inspire, promote and sponsor spiritual freedom through the Wayshower, one who lives by example through selfunderstanding, inner loyalty, and fellowship with inner guidance.

In addition to these onetime opportunities, I've had the pleasure to work with the Friday evening Spirit Calls, the NSH webinars and WCF online Chakra Classes, and the World Calls throughout the year. Seeing people



on the video calls, and working with others is such a rich experience.

I've ended the year with supporting April Azzolino in a tour to Virginia. Co-instructing the NSH Submersion Workshop with her was utterly delightful.

I cannot emphasize enough the personal growth and deep satisfaction I've received by choosing to say, "Yes! I'll do it!" I've had so many Ah-Ha moments. Pieces have fit into place, and the fun! Wow!

The opportunities to serve are innumerable. Some require only a few hours of commitment. 2018 is right around the corner! I'm up for another fabulous year, and I'd love to work with YOU!

Please reach out, I'm happy to work with you to find growth opportunities for you too! Leaders building and supporting leaders!

> **Ginger Garvey** N. Chesterfield, VA



Leaders completed the New Spiritual Horizons Submersion Facet I in Richmond, VA: (L-R) Front: Teresa Navarro, Amanda Jackson; Back: April Azzolino, Ginger Garvey, Tom Shantz and Denise McKendry.



### I'm An OAer—A Doer of Action!

Micaela Britez is a very creative soul and loves working with her angels on many artistic projects, like drawing, building and writing stories. Her mom Julia Maria, her dad Alex, and I have enjoyed guiding her through this process with many projects since she was one year old. I have watched her develop her sensitivity with confidence and most of all, joy.

This past summer, Micaela entered a children's derby in Rutherford, NJ. Over 100 participants spent two months building non-motorized carts out of spare bike parts, fiberglass, wood, rope, anything they could find. The rules were simple. Each cart must have at least three wheels, brakes and steering, and kids must wear helmets. Micaela's cart, **The Flying Squirrel**, won the trophy for the most creative design.

#### Interview with 8-year old Micaela in her own words:

"The Soapbox Derby uses carts that you build and race down-



hill. There are different ages, from adults down to first graders. My soapbox was called *The Flying Squirrel, Fuzzy Nut*! Sammy, my racing partner's brother, thought of the name.

My Dad and I, and my partner Grace and her dad, made our cart out of fur material and a garbage can. It had two big, googly eyes. It had two big and two medium-size wheels. It also had a

Micaela's Art

Micaela (right) and Grace head for the finish line!

steering rope and a brake made out of wood. I liked riding down the hill because it was fun. At first, I was nervous. The second time I was much more confident. The first time, I controlled the brake. The second time, I steered.

Our soapbox won the trophy for the most creative. I was happy and relieved. I want to participate again next year. Grace and I decided we would like to have a bunny boxcar. I learned that we need to make sure we work hard on it. And it has to be safe!"

Submitted by: Julia Santiago (Grandma) N. Arlington NJ

## Themes of Spiritual New Year *Mastering Energy* Jan 1 to Aug 31, 2018

January - February - March - April - May - June -	Introspection Aware Rejuvenate Freedom Alive Acceptance Merge
June - July -	Acceptance Merge
August -	Oneness

## The Music of My Living Thrust Profile Team

Having the opportunity to have all my Angel's completed in the **7013** *Living Thrust Profile* has created a solid pivot point for me to come home to. I feel the natural nourishment of my core existence has hit a new plateau! Combining my Angel's thrust and mine feels like a sacred marriage that has consummated a stronger relationship. Here's what I've created to remind me of the wisdom they bestow upon me (a combination of my spiritual thrust - **With Patience I Grow** — and the *Living Thrust* of each angel):

• Practical wisdom infused by the patience to grow.

• I launch forward with enthusiasm in helping and healing myself and others, patiently.

• It is key that I'm fair and factual, for patience is moving in and out at its right timing.

- My high standards lift me high to patiently inspire with confidence.
- With patience I grow, I feel the flow!

Angela Miaoulis, Paramus NJ

# Inner Peace Movement

Sponsoring organizations and people with the high common denominator of Spiritual Freedom as a Way of Life

#### **IPMI President's Message**



IPMI and Wayshowers College are working together to re-establish a teamwork system for leadership practice and touring. See related article on page 5. This SYSTEM & **BEST PRACTICE – TOURING TEAMWORK** policy will be expanded and distributed to all spiritual leaders.

Of course, the system is a suggestion and Dr. Dorinda Fox-Rentz not a command; a leader's free will is always respected. IPMI's goal is to make

this teamwork system the preferred and most valuable way of connecting with your apprentices and other spiritual searchers. We want the outflow system to serve your needs as well as the bigger picture of communication and coordination that is necessary for Spirit to back our services to people.

When you communicate a lecture/tour plan or submit a written request to tour outside your area, you will have the benefit of an experienced leader who will act as a Resource person for you to help you stay regrouped; and to contact when you have questions or when pressures come up. This is a new service available from IPMI. Persons on the IPMI leadership rails are also key leaders for communication and coordination when planning, promoting and following up.

### "A leader's free will is always respected."

Our goal is to help each other and to put new people in contact with the bigger picture of services and opportunities available to them. No one of us has to do it all alone!

IPMI continues with the Alliance of Spiritual Organizations (WCF, PCCI, IPMI and Wayshowers College) to sponsor the expansion of New Spiritual Horizons as the 1st priority program for outreach in communities from now through the year 2020. A key goal is to inspire and train new leaders



in the New Spiritual Horizons (NSH) program. NSH is the biggest "door-in" to

**Region 3 Regional** Retreat attendees are (L-R): Tom Wirdht, Kathleen Ellis, Laura Wirdht, and Marilyn Ellis.

spiritual freedom for people everywhere who are searching because it includes the important foundation of working with energy and self-leadership through New Spiritual Horizons group work, course offerings from College programs (PMM, PCC, Astro-Soul, IPM, GET) and expanded submersion workshops.

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You can refer searchers to the NSH website: https:// newspiritualhorizons.com as a point of information. If you are not already one of the leaders in the NSH network, we encourage you to join the team!

### "Our goal is to help each other ... No one has to do it all alone!"

IPMI is co-sponsoring the International Regrouping in Puerto Rico in February. Board members and other Alliance organization leaders will have opportunity during the retreat to work together on special projects including leader and searcher services, tour expansion, leadership training, and media presentations. Make your airline reservations to San Juan soon!

> With enthusiastic joy, Dorinda Fox-Rentz, D.D. Placitas, NM



IPMI leaders attending the Region 4 Regional Retreat in Albuquerque, NM (L-R) Shannon Schilling, Peggy Pottenger, Estelle Minor, Doug Howard, Dorinda Fox - Rentz and Craig Minor. (Missing: Yetta Tropp and **Beverly Dehen**)

Expression Magazine<sup>TM</sup> Spreading the Message of Spiritual Freedom

#### System and Best Practice – Touring Teamwork

#### What: IPMI and Wayshowers College are collaborating to:

- Re-establish a system of tours and best practices to instill, invoke and uphold the highest spiritual standards of leadership and
- Offer benefits to leaders to grow, share, and be of service in teamwork through sponsored tours and programs.
   IPMI is part of a system of Spiritual Outflow that sponsors programs and events.

When: Now and in the future

Where: Within the U.S. and internationally

**Why:** To inspire leaders who want to work with high spiritual standards imparting access to spiritual searchers, speakers, program resources, and promoting sponsored leaders who back each other in reaching people and fulfilling their purpose. The result of teamwork is coordinated actions of spiritual leaders, their services and their echoes of service for continuity and expansion.

#### **IPMI Philosophy and Values:**

## IPMI represents "the greatest spiritual leader that ever was that ever will be" –

• We draw from the very best in our members and leadership to create the greatest spiritual leadership group being of service in the world.

• Keep the spiritual opportunity of our souls of primary importance.

- Create systems that strengthen fair boundaries.
- Back everyone in his/her need to organize and share what s/he has.
- Throw the net to find leaders of leaders.
- Lead, follow or get out of the way.
- If I'm not a part of the solution, I'm part of the pollution.
- Focus on strengthening inner and outer leadership.
- *Give people opportunity to develop a clearer picture of their life purpose.*
- Share Spiritual Freedom as a way of life.

#### **Benefits**:

- Spiritual energy backing of leaders doing their work
- Promotion of leader events to IPMI contacts (including previously sponsored and presented events)
- Collaboration with other leaders and members to back leaders' events.

- Connecting searchers and apprentices to a bigger picture and accelerated growth opportunities
- Further growth in personal leadership thru IPMI roles and opportunities
- Involvement with other leaders of like mind (spiritual service, cleansing, regrouping)

#### **Golden Leadership Guidelines**

- Sharing freely from my experiences and true feeling
- Passing on tools and techniques so they can be replicated
- Continuing personal growth in leadership (per Orange Manual)
- Teamwork: One for All/ All for One assisting and coordinating with each other
- Personal Involvement; introducing people to a Bigger Picture
- Inspiring inner and outer leadership in searchers and apprentices
- Innovating and pioneering continuity of spiritual freedom
- Love people People are the most important asset on planet earth

#### No Nos and Pitfalls of Spiritual Leadership

- Territorial overplaces and contacts
- Possessiveness of people and wisdom
- Caught in competition, glory or devotion
- Coloring the message of spiritual freedom
- Twisting or leaving out facts (4 W's)

#### Guidelines To Receive and Maintain Sponsorship:

- Sharing the Orientation (M&U) presentation is the first priority (recommended 3 month plans)
- Share, build and strengthen involvement in the 6 priorities of spiritual involvement.
- Follow IPMI-Sponsored Tour Checklist (Before-During-After).
- Stay spiritually cleansed & regrouped.
- Work with Spirit.
- Share and promote IPMI membership and opportunities.
- Initiate and maintain teamwork and communication with IPMI (roles & communication rails).
- Write Applications for touring outside local area.
- Create, build and share opportunities in areas served.
- Ideally, be currently certified in sponsored events.

# Inner Peace Movement

Sponsoring organizations and people with the high common denominator of Spiritual Freedom as a Way of Life

## **Mastering Energy**

I have been regrouping Mastering Energy with my guidance and was inspired to share an insight on how to maintain a level of Inner Enthusiasm about what we are involved in. I was attracted to my first lecture back in 1982. I went through a few levels of IPM Group Work and eventually ran into Diane White who was on an International Tour sponsored by Francisco Coll. It was my first venture into sharing the Lecture with new people as well as interacting with the Media. It was one of the most dynamic times of my life with regards to working with high energy and feeling like I was part of "the Team of Spirit."

When I met Diane White, she had just arrived in Washington, DC and was working with Tom Shantz who was helping to set up media. Even though I had been in Group Work and gone to a few lectures, I had never felt so much energy as I did around Diane's tour. It was electric!

Just after we met, I was on the way to work one morning and the radio show I listen to in Fairfax VA. was in the process of changing formats and had brought in a temporary DJ for about two weeks. The first Monday he was working, he asked listeners to call in if they had ever had psychic experiences so he could talk about them on the air. I decided to call and talk about things that had happened to me. Low and behold, he answered the phone and we talked about spirit guides and feelings and hunches and being in the right place at the right time. My energy was through the roof as we hung up.

U-2 had just released the album *Joshua Tree.* The songs always came on at certain opportune times and would send my energy soaring. I swear their songs were a message to me from Spirit that I was on the right track in my life. A few minutes after my sharing with the DJ, he played one of the U2 songs from *Joshua Tree*. The idea popped into my mind that he would have Diane White on his show while he was in town. All I had do was call and ask.

Having never done anything like that and not even knowing if I was allowed to set up media for Diane who I had just met, I picked up the phone and called the station. The DJ answered the phone. In just a few words, I reminded him I had just called earlier and I had a friend from New Zealand who was in town on an International Tour about psychic phenomena. Without hesitation he agreed to have Diane on his Friday morning show. We hung up; it was that simple.

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## Sharings From Fall Regional Retreats: "I Am Positive, I Am Energy, I Am Enthusiastic!"

"Patiently accepting how everything is all right, I create my simple harmony in action." That was my Declaration of Peace from this IPMI retreat.

Beyond the deeper understandings about the value of being spiritually directed, the games interfering with maintaining inner peace, and the expanded feeling/ desire for leadership opportunities in my daily life, most memorable was the love and unity felt with my brothers and sisters who came from five different parts of the country!

#### Estelle Minor Charlottesville, VA

What a wonderful weekend! I have healed so many concepts about myself that I didn't even realize that I held. I can feel the refinement in my energy and know I will be more successful.

My new Declaration of Inner Peace: **I am freedom**. **My desire within is love.** In this energy I am always hopeful. It is in love for myself that I also have forgiveness for me. The prospect of new beginnings keeps me focused and directed.

#### Shannon Schilling Rockport, TX

The Region 4 Regional Retreat unlocked feelings of deeper joy and insights into my path of inner peace and spiritual growth. I learned means of communication that help me sharpen my inner and outer leadership. The direction in my feelings became clearer so I can experience more fun in life.

I also affirmed my power to change and be of service to others without catering or over-concern. This awareness frees my energy to experience greater fulfillment and success.

THANKS to those who traveled to Albuquerque from AZ, OR, TX, VA and NM to experience and share your wisdom in this dynamic retreat!

Around the world, leaders of New Spiritual Horizons and other Wayshowers College programs are expressing their passion about living their Soul Purpose. Join the fun — share your message — give a Lecture!

## Evolution of the Soul Series Tour Culminating In Las Vegas!

Magic happened in Las Vegas. An extremely sacred space was held during the **D1-D4** Evolution of the Soul Series and I am looking forward to the next layer that will come during the 2018 International Regrouping in Puerto Rico.

I am ever so grateful to have been a part of the total experience that Wayshower John Shortell spearheaded across the USA. A big thank you to everyone that 'showed up' for the opportunity to grow.

I accepted into my life tremendous amounts of personal growth during and since the Vegas Retreat. I was able to "wrestle with the tentacles" of my family maze and meet my octopus face to face. I uncovered the personal courage I have had buried deep inside and have gained more inner security.

I will not run from my fears or get rid of my blocks. I will accept them by bringing them into the light, embracing them, befriending them, loving them and forgiving myself for them.

I choose to integrate change right away. I choose to see and BE Love.

Kristina Hildebrand Osceola, IA



The Las Vegas team at the end of the 738-D1-D4 series instructed by John Shortell: (L-R, Row 1: John Shortell, JoC Soignier, Mary Hendricks, Kristina Hildenbrand (with Aliyah Coll, Tiger Coll (with Leonidas Coll); Row 2: Judy Katzin, Kate Rusko, Teresa Navarro, Tom Shantz, Dorinda Fox, Marie Vistica, Robyn Twito, Amanda Jackson, Peggy Pottenger; Row 3: Liz Hagan, Kathleen Ellis, Shannon Schilling, April Azzolino and Doug Howard.

"I choose to integrate change right away. I choose to see and BE Love."

#### Mastering Energy, continued from page 6

I called the ALC DC International office to relay the message and a Be-Long Media rep called the radio station to confirm the time. We went to the show on Friday morning. Needless to say, having never experienced anything like that, I was blown away. The idea that Diane would show up on a Tour and a Radio Station would fly a DJ in as they changed format, who just happened to be looking for people who were into psychic things still astounds me to this day. I was later told DJ's like this were White Angels brought in by Spirit to open doors for leaders who were touring.

In looking back, I have to say that time in my life was so rich with a sense of Destiny and the sense of being involved with a much bigger thing than I could imagine.

So, in regrouping with my guidance around Mastering Energy, I am reminded to not lose touch with the Awakening stage I went through. Although it's part of my past, the feelings are part of my memory banks and easily brought back to life today.

Why is it important to do this? The feelings and experiences keep me inspired and in touch with why I'm still involved. U2 songs are still played on the radio. I still have the magical experience and sense of being in the right place at the right time.



It also reminds me that at any given time, Spirit can open any door. If I am in touch with these feelings and this bigger sense of destiny, I can convey this to my apprentices and the people I share with. They are actually looking for it! This sense of belonging is what keeps me going and helps to keep me enthusiastic for being involved in this spiritual journey. When I meet you all at camp, or hear you on a weekly call, this energy of coming together in purpose always comes alive. I want that, I need that, I live for that!

#### Neal Krysinski, IPMI Board Member Fairfax, VA

"At any given time, Spirit can open any door."



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PEACE COMMUNITY CHURCH INTERNATIONAL



Dr. Paul Kellogg

**PCCI President's Message** 

Peace Community Church International -A healing fellowship and ministry of spiritual family for which you have always searched - Welcome Home!

This statement is at the top of your new PCCI Website and defines our core mission – Fellowship & Family. The site continues with the fellowshipping theme as follows:

"Love, self-understanding, and inner peace are at the heart of the Peace Community Church International experience. Rather than religious dogma, PCCI is based on a tradition of unity, universal consciousness, multiple paths to God (Universal or Christ consciousness). It is a Peace Church without walls that fosters inner spiritual freedom through the appreciation of the universal love that unites us all.

### "To belong...is a basic need of the soul."

The network of Peace Community Church International affiliates will help you connect with other like-minded people, your spiritual family. Find solutions to life while sharing and being a part of community healing circles. In walking by inner guidance, our personal truth becomes a healing light for ourselves, our loved ones and the world around us!"

The coming together of kindred spirits "for companionship; as a company of equals or friends; for meaningful communication for building trust and fellowship" (Merriam-Webster) is an undeniable, powerful force of life. To belong and express that oneness is a basic need of the soul.



Don't miss the monthly PCCI Healing Fellowship Call! This tele-conference

call is held on the 3rd Sunday of the month at 8 pm.

Call (515) 604-9000 Pin 832368#

PCCI Affiliates Teresa Navarro and Kate Rusko completed their 1001 and 1002A Profile training in Osceola, IA as part of their PCCI affiliate training. Peace Community Church International is

a church without dogma, based on a tradition of unity, universal consciousness, multiple paths to God, and communication with inner guidance. PCCI affiliates assist with facilitating community healing fellowships, marriage, baptism, memorial services, confirmations, and commitment ceremonies.

Rallying points of fellowship can be seen everywhere. Here in Osceola Iowa, a newly built church building will house the Faith Community Fellowship. The Dances of Universal Peace, highlighted in this issue, is a wonderful fellowship of music, movement and spirit. The Kellogg family will unite in our first reunion in several years this Christmas to have fun and fellowship!

Reverend Estelle Minor of Charlottesville, VA says it well, "Community Fellowships provide a feeling of peace. The cares of daily living fade to make space for connection with the sincere, loving deeper self; Spirit's presence is palpable."

As a PCCI affiliate, there is no better action that you could take than to organize a Fellowship in your area. It can be in your home, at another church, in an office, at any place with no or little cost. You can do a fellowship once a month or more. The guidelines are simple and can be found at <u>www.pcciworld.org</u>

The expression of pure love, the giving and receiving of happy, healing vibrations, all wrapped in reverence, acceptance and respect, will come alive in your Fellowship as everyone experiences techniques for uplifting and rejuvenating their souls.

After experiencing the unity and camaraderie with others and communing with Spirit, people will leave with a relaxed positive outlook for their week and renewed hope. Pouring out of your Fellowship will be rays of healing light that will cleanse your home, city, state, country and world.

Want to feel more personally cleansed and tuned to inner guidance? Want more clarity in your relationships? Want to change the vibration on Planet Earth? Have a PCCI Fellowship!

> Love and light, Rev. Paul Kellogg, D.D. Osceola, IA



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#### PEACE COMMUNITY CHURCH INTERNATIONAL

### New PCCI Minister Identification Cards

PCCI sponsors Ordained Ministers to facilitate different life celebrations, including Memorial Services which can be held in the community, and now with internet technology.

Here is an example of the new **PCCI "Clergy Identification" card**. With a shining laminate and imbedded hologram, it is a professional and classy way to show who you are in the media, at an event or while travelling, etc.

Twenty three Ordained Ministers will be receiving their card packet in the mail. If you missed this first round of printing and would like a card, there will be a second round shortly.

Plans are in the works for all affiliates to have a comparable card also. Be sure to let us know of your interest!



life where people are seeking greater inner peace and awareness. The bearer of this card is empowered to counsel, assist in

healing and perform all rites usually associated with the role of Ordained Minister.

If found return to: P.O. Box 263 Osceola, IA 50213



www.PCCIWorld.org

Back



Doris Markland is a freelance writer and published author.

## **Sharing Her Wisdom**

Doris Markland was born in 1925 in Stanhope, Iowa. Her adult years have been spent in Nebraska, where she now lives in Norfolk, the town where Hallmark Cards began with the Hall brothers, and the town where Johnny Carson grew up. Doris also has a home in Honolulu, where she spends several months each year.

Doris shared her wit and wisdom with many searchers as an active IPM leader in Nebraska and the Midwest. She has always loved to write and she proved that talent by winning some major prizes in the once popular "I like your product because ... in 25 words or less" contests. Then as a freelance writer she authored verses for several greeting card companies, but especially Hallmark Cards, where she was given name credit in their cards and books.

### "Her writings focus on the lighter side of aging."

In later years she has published stories and verses in several magazines, including The Saturday Evening Post, Looking Back, and The Good Old Days. Her recently published book, "Playing Life by Ear," is a collection of her writings over a period of years — "Notes From 89 Years of Living, Learning, Laughing, Loving and Believing."

On her blog http://mymarkland.wordpress.com, Doris shares that she writes for sharp older people and their middle-aged kids. Her writings, which focus on the lighter side of aging, include serious thoughtful pieces that inspire reader insights, stimulating poetry and light verse.

# International Regrouping 2018 Feb. 10th - 25th Puerto Rico

## "The Gateway" – Your Port Toward New Worlds



This year is a tremendous time to build on what you have pulled together. There are many Helpers backing you for the purpose of *"Mastering Energy."* Come and build your vibration to a whole new level of awareness.

Every day you have the opportunity to create, to be a master of your situation. How many times in a day are there "opportunities" to fulfill your potential? How often do you allow your Guidance to share with you, helping you to do what you have come to do? It only takes one time to act, then *Happiness, Success and Abundance flows*.

#### The 2018 International Regrouping will help you:

- Better master what actually is you and what is not you as you recognize the influences, falsehoods, and myths.
- Imbue your Thrust and energy into your daily opportunities.
- Have more fun as you deepen and direct your affluent creativity.
- Feel a greater sense of freedom and inner security in all your soul foundations.
- Be able to practically and solidly communicate at home or work with anyone, in any situation.

*In the beautiful healing energy of Puerto Rico, we help each other learn, grow and master life on planet earth.* 

#### Visit www.wayshowerscollege.com for the full descriptions & pricing of each Part of the Regrouping!



Team Healings in Puerto Rico waters!

**Book Your Flights to San Juan! Get Registered Today!** *The 2018 IR is jointly sponsored by IPMI, WCF and PCCI.* 

#### PCCI is excited to announce the dates of our 2018 Convocation at the Interna-

**tional Regrouping in Puerto Rico.** Beginning on Friday evening, **Feb 23, through Sunday, Feb 25,** join us for a weekend of healing, training and giving!

Puerto Rico has hosted our programs over the decades – now 6 times since 2011! As a part of our opportunity during the Convocation, we will give back by finding an outlet or outlets to be of service in the local community. Assisting in the continuing recovery effort of Puerto Rico, we can be of service, help out and learn and grow

as we do.



Outreach to organizations in Puerto Rico is happening now – if you have ideas let us know!

## **Creativity: The Spice of Life**

I have been exploring the world of creativity. One way is being a spearhead for monthly WCF on-line events. It has been very fulfilling to work with a team of leaders on the Chakra online classes. I love learning new things and so, I had lots of fun being in several skits on Skit Night at the 2017 Summer Camp in Osceola, IA.



The highlight was being "Facili Tator," the maternal leader of the Tator family, who was seeking healing for her fictional family through IPM programs. Paul Kellogg played the role of IPMI radio host and our creativity took off. I am so glad I followed the impression from spirit to look up the Tator family idea on the Internet which I had seen in posted in the past.

It was easy to access information via Google and I quickly put together a skit starring Facili Tator and her family: Dick Tator, Roe Tator, Aggi Tator, Insti Tator, Communi Tator, etc. What fun we had. I recreated the role of Facili Tator the next night for a psychic reading night as a fundraiser for the OA Youth Fund. What a great time, starting with inspiration and ending with fulfillment.

I encourage you to use the WCF fellowship outline to create a fun event in your community. It is easy and can be a springboard to greater creativity as we move into *Mastering Energy* this Spiritual New Year.

Kathleen Ellis, D.D. VP WCF Spirit Call/Webinars Leesburg, GA

## The next series of online classes will feature The Four Spiritual Gifts

(Prophecy, Vision, Intuition and Feeling)

The first session on "Prophecy" will be in February, date/time TBA. \$15; Seniors & students/ \$10. You can register for one session at a time or preregister for each series and receive a 15% discount. (ex. \$51 for 4 sessions on the Spiritual Gifts/ Perceptions).



Preregister at www.wcfworld.org

#### WAYSHOWERS COMMUNITY FELLOWSHIP

## WCF Sponsors Monthly Online Classes

Wayshower's Community Fellowship has been holding on-line "chakra classes" monthly from May until December. Each class focuses on the positive thoughts that empower and free the energy to flow in that chakra. The



content of these classes provides you with an opportunity to evaluate your current beliefs, and then dismiss any self-defeating thoughts that can affect your wellbeing, both physically and spiritually.

I had the pleasure of co-facilitating this on-line class on the "Wants" chakra. Participants had the opportunity to experience a Clear Channel Healing technique done by video conference! What an amazing experience it was to see people's hands in the web cams channeling healing energy to another, and to hear the feedback of the person receiving the healing.

So much healing takes place within the 60-90 minutes of the classes! Kathleen Ellis, who has spearheaded these chakra classes, and other leaders bring so much light to the thoughts and feelings that can inhibit the flow of energy through our physical body, or enhance it.

I am excited by the possibility of bringing greater awareness to the public about the chakras system and other key tools of our programs (spiritual gifts, cycles, etc.) that help us build more resilience and well-being within ourselves.

Join our online classes! They are fundraisers for WCF and fun-blazers for many of us!

Estelle Small WCF Vice President / Expansion Toronto, CAN



Get your copy of the upgraded and newly printed Songbook, "Let Your Voices Be Heard", sponsored by Wayshowers Community Fellowship. Over 200 songs for camp, PCCI and WCF fellowships, IPMI events, and more. \$20. To order, call 1/800-336-8008.

## **Spirit Is Our River**<sup>TT</sup>

Dances of Universal Peace, continued from page 1



Drummer Anne McArthur joins DUP leader Morgan Rivers at a monthly Dances of Universal Peace in Des Moines, IA.

all who participate." He shared, "Words are not peace. Thoughts are not peace. Plans are not peace. Peace is fundamental to all faiths, all religions, all spirituality."

During the past 50 years, the Dances have spread throughout the world, touching more than a half million people in North and South America, Europe, the former Soviet Union, Japan, India, Pakistan, Australia, New Zealand, South Africa, the Middle East and more each year.

Lewis was inspired by two primary teachers – Hazrat Inayat Khan, his Indian Sufi teacher, and Ruth St. Denis, a pioneer in the modern dance movement in the west. Khan shared, "The religious channel in Sufism exists in order to gather together the followers of different religions in the understanding of the one truth behind them, so that they may hold in respect – all the teachers of humanity."

Ruth St. Denis wrote, "As we rise higher in the understanding of ourselves, the national and racial dissonances will be forgotten in the universal rhythms of Truth and Love."

"The Dances of Universal Peace have become a spiritual practice for me," says Morgan. "I guess you could say, 'a ministry.' I love sharing them. As one of my teachers has said, 'Spiritual growth is an individual activity best done in groups.' I am so grateful to Samuel Lewis for bringing this gift to humanity."



For more information, visit www.dancesofuniversalpeacena.org

As we rise higher in the understanding of ourselves, the national and racial dissonances will be forgotten in the universal rhythms of Truth and Love." Ruth St. Denis

## "It is the spirit that unites us."

#### Join Wayshowers Community Fellowship!

Corporate Membership \$50 Youth Membership (up to age 21) \$25 Sage (63+) & Disabled Membership \$25

Membership includes opportunity to host Weekly Spirit Call, receive and direct healing for self and others, share spiritual backing and sponsorship, receive special discounts on WCF Retreats and four issues of *Spirit Is Our River*. Email *president@wayshowerscommunityfellowship.org* 

#### **Alliance Team Sponsors Spirit Call**



WCF, PCCI and IPMI are co-sponsoring the worldwide weekly Spirit Call happening every Friday evening, 9:30pm EST. WCF sponsors the call on 1<sup>st</sup> and 3<sup>rd</sup> Fridays. PCCI

is the host on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays. IPMI sponsors the call on the 5th Friday of key months. Enjoy the energy of the master souls backing each call, plus the unique meditation and healing techniques. Members of each organization can serve as Hosts and Co-Hosts.

To participate, call the following conference call #:

(515) 604-9000 Pin 832368#



#### WCF Healing Teleconference Calls and Online Classes

Enjoy the special creative energy of WCF in monthly teleconference calls and online classes. Share in-depth healing techniques to refresh and uplift yourself and others. Have outflow that keeps you tuned up and tuned in to Spirit and your team of inner guidance. Next class: Friday, January 12 at 8 pm EST.

For more info: www.wcfworld.org

#### To contact the different non-profits:

<u>Wayshowers Community Fellowship Corp.</u> www.wayshowerscommunityfellowship.org president@wayshowerscommunityfellowship.org

<u>IPM International:</u> www. ipminternational.org Email: president@ipminternational.org

<u>Peace Community Church International:</u> www.pcciworld.org Email: info@pcciworld.org



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