

# **Summer 2016 Spirit Is Our River**<sup>™</sup>

that unites us."

Spirit Is Our River is a publication sponsored by Wayshowers Community Fellowship, Inner Peace Movement International and Peace Community Church International, three non-profit organizations affiliated with the Wayshowers Alliance of Spiritual Organizations.

# Writing His Own Story

A Wayshower is a unique and transformational leader. Muhammad Ali, the celebrated athlete and social activist who recently passed on, perhaps left his greatest tribute in his death, as memorial services united people around his belief and passion for respecting others, inspiring through service and celebrating life.

Muhammad Ali, the charismatic heavyweight champion boxer, was a celebrated athlete, an inspirational leader and philanthropist. He was a revolutionary figure on many fronts sports, politics, religion.

Universally regarded as one of the greatest boxers in history, Ali is celebrated not only for his remarkable athletic skills but for his willingness to speak his mind and his courage to challenge the status quo.

He wasn't afraid of any bout-inside or outside the boxing ring. His outspoken views against the Vietnam War were unpopular. Found guilty of violating Selective Service laws, the US government tried to send him to prison. He was unable to compete professionally until the U.S. Supreme Court eventually overturned the conviction in June 1971.

Muhammad Ali praised God on hearing the news. "I've done my celebrating already. I said a prayer to Allah."

Ali, June 28, 1971

"They did what they thought was right, and I did what I thought was right."

Ali's longtime battle with Parkinson's Disease, a degenerative neurological condition, didn't define him. He remained active in public life,

> even though his vocal speech and ability to move were impaired. His ability to communicate messages that penetrated to the masses increased as he aged.

> In his retirement, Ali devoted much of his time to philanthropy. He supported the Special Olympics and the Make-A-Wish Foundation. His emotional lighting of the Olympic flame during the opening ceremonies of the Centennial Olympic Games in Atlanta, GA was seen and felt around the world

> Ali received the Presidential Medal of Freedom from President George W. Bush in 2005. That same year, he opened the Muhammad Ali Center in his hometown of Louisville, KY.

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### **Executive Board Members**

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This edition of Spirit Is Our River features articles, sharings and photos from leaders and participants of WCF, IPMI and PCCI. These three spiritual, non-profit organizations were founded for the purpose of helping back people with our message of spiritual freedom. It is the Spirit that unites us!



"Service to others is the

the rent you pay for your

room here on earth."

**Muhammad Ali** 



## WAYSHOWERS COMMUNITY FELLOWSHIP



Dr. Susan Kellogg

# WCF President's Message

Time certainly flies when I'm growing spiritually. Summer camp is again on the horizon. Some leaders are already embarking on their soul journey to experience Week 1, sponsored by Peace Community Church International.

Imagine spending one week or more "living in a stream of love" with your angels. No matter how much ticki-tacki, my

brain/intellect can drum up about going (or not going) to camp each year, the feeling of being there is 10x more powerful and compelling.

My first camp experience was in 1974 when I went to the beautiful Eastern Conference Center in Salisbury, PA. I was so inspired by the weekend programs I decided to go for the 24-hour bus ride to Osceola, IA for the annual 1975 IPM Board Meeting and Summer Retreats in July.

What a life-changing journey. I learned what joy, inspiration, teamwork and dynamic living could feel like. I began to see myself as a leader that I felt good about. I had dreamed about being in an environment that challenged and inspired me to be the real me. People at camp talked about spiritual experiences as normal, and I felt at home.

# Come and join the wave of spiritual wayshowers.

I had been introduced to this feeling in groupwork in NYC. The weekly meetings inspired me to stretch my boundaries, to make quality time for me, the soul. So when I heard about camp, it beckoned me like the song from the musical South Pacific -- "Bali Hai." I sensed something magical and I found it.

I found myself sitting mountain to mountain with others -- the wayshowers who lead by example because they are inspired to keep growing and sharing their wisdom and experience.

I had an opportunity to see the potential I had to be an "educator" not a teacher. I could help others to bring out their genius, not feel I had to prove myself by sharing my expertise. I felt the healing energy of soul-to-soul communication.

From that summer on, I made a decision to attend Summer Camp every year if possible. Iowa is a special environment. There is a clean, gentle, nurturing energy of the Iowa countryside. People come to relax, regroup, refresh, re-energize and recommit themselves to themselves. It also is tuned in to the Intuitive Gift, so I found myself strengthening my inner authority, self-respect and ability to factfind with my team of angels for solutions.

I was married at a Spring Retreat in April 1977 at the International Conference Center in Osceola, IA. My children grew up with Operation Action programs. Even as a parent with a growing family, I realized how essential it was to feed my soul. When I forgot, my kids reminded me, and even physically supported me to make the trip. The more I did for myself, the more I could share that bounty with my family.

Years later I see them successfully using the spiritual concepts and techniques they experienced as OAers. They naturally have in their feelings the heartbeat of OA energy -- "I'm an OAer, a doer of Action." Feel-Think-Act is in their spiritual DNA. Love and loyalty go hand-in-hand.

As President of WCF, the mission to back Operation Action and those old soul leaders has always been a priority. It always delights me to hear "success stories" from other OA parents. Recently Angela Miaoulis shared with me how much her son, 13 year-old James, not only enjoyed his OA camp experience last summer, but how transforming it was for him. A solid, by shy Intuitive, he found his self-respect, his voice and his confidence. School had been challenging for him, but this year, James tuned into the feelings of his natural leadership and felt assured enough to be the true leader he is. He is thriving and inspiring his younger brother and sister, as well as his classmates and teachers.

I invite you to "attend" this year's annual WCF Board Meeting on July 3, 2-5pm We are going to make the afternoon a fun, productive, creative exploration of possibilities for the 2016-17 year, with a special focus on backing our Wayshower leaders, the OA programs in the field and upgrading a new, inspiring, professional WCF website!

You can "attend" either in person or by teleconference. Call in # - **515-640-9000. Pin 832368 #.** 

The heart of our message of "Spiritual Freedom" to me is to remember I am a soul, a unique being, and to respect myself and others in our journey. Come and join the wave of spiritual wayshowers. Your life will be infinitely enriched and your light a beacon for others.

In the spirit that unites us,

Susan Kellogg, D.D. "Fish! Live In Deep Water" Lyndhurst, NJ

# **Celebrating a Day In the OA Community**

Parents and OAers from New Jersey, New York and Connecticut gathered at an OA Community Fellowship on Saturday, June 18 at the home of Curt and Arlene Butler home in Darien, CT. Altogether there were 8 adults and 6 OAers.

It was a definitely a "Childlike" D-Zone afternoon. After a potluck picnic meal, the entire group gathered for some songs. Everyone created a big Art Mural with inspiring symbols, colors and fun energy. After a photo op, we cut the mural up into large squares, wrapped newspaper balls with the square art, tied them and created some special balls for a later game of "Ball Toss."



All hands on deck to create a Team Art Mural for our Ball Toss!

Sondra Kellogg and the OA team of James, Jason and Sophia Miaoulis, Claire Butler and Avery Allaire got together to practice some fun energy techniques and games like the "Bottle Game" (where sensitivity is as important as speed).

Meanwhile, the adults shared together in the umbrella of a Wayshowers Community Fellowship. Since the next day was "Father's Day," we regrouped the energy of the "Spirit of the Father" and our own special recollections of positive qualities we had experienced with our fathers. Everyone shared the "Clear Channel" technique and "the Nobel Quality" we sensed in each other. It was peaceful, healing and harmonizing.

The OAers joined the group for more songs ("If You're Happy and You Know It!") and a final game of "Ball Toss" which used the creative balls we made earlier in the afternoon. It was so much fun for everyone there. A real feeling of soul-tosoul family and community.

### Sharings:

Such a beautiful, relaxed, connected and expansive day! Avery had a ball with the techniques and games we played with the other kids. I love the dynamic of all these old souls in young bodies interacting and sharing with each other in such a high state of consciousness.

# WAYSHOWERS COMMUNITY FELLOWSHIP

Bringing fellow seekers and wayshowers together on a gorgeous, summer Saturday was a great opportunity to focus on the bigger picture and set clear goals for ourselves. By day's end, I felt refreshed and more in tune with my path. **Curt Butler, Darien CT** 

I enjoyed the opportunity to tune into my child-like part. I appreciate that the kids are able to see me in that space. The daily routines keep me more in a militant, get-it-done energy. We have a special oneness when we can relax together. As a parent, I appreciate when we all gather and express our creativity together. It was special to see the kids just being souls. They weren't wearing any roles, just being free and open.

### Angela Miaoulis, Paramus NJ

My favorite part of OA Day was the Ball Toss. It was so much fun to make the mural and the balls, then play with everyone. The Bottle Game was a lot of fun, too. I liked meeting Claire. Sophia Miaoulis, Paramus NJ (age 8)

I really loved that we had a lot of free space to run around in. My brother James and I made up some games. The Bottle Game was fun and a little hard. One person sat on the ground with a blindfold on. The rest tried to sneak up on him and grab the bottle at his feet. You had to sense when people were getting close. I got pretty good. Jason Miaoulis, Paramus NJ (age 11)

I enjoyed doing activities together with everybody, with the kids and the adults. In the Bottle Game, I learned to sense other's energy. In the Ball Toss, I learned more about communication. It reminded me of an algorithm. There was a pattern you had to tune into and stay connected with your partner. James Miaoulis, Paramus NJ (age 13)



OA Day in Connecticut: (L to R) Chris Allaire, Sondra Kellogg-Allaire, Angela Miaoulis, James Miaoulis, Sophia Miaoulis, Jason Miaoulis, Claire Butler, Avery Allaire, Catherine Kellogg, Susan Kellogg, Arlene Butler, and Paul Kellogg. (Plus Curt Butler, photographer)

Sondra Kellogg-Allaire, Bronx NY

# Inner Peace Movement

Sponsoring organizations and people with the high common denominator of Spiritual Freedom as a Way of Life

# Spirit Is Our River<sup>TM</sup>

# Wayshower of the Year

Meet Judy Katzin, one of three leaders honored by the WCF Board of Directors as a 2015 Wayshower of the Year. Judy has been a dynamic spearhead of joy in Durango, CO and Tucson, AZ. She has inspired groups and encouraged leadership to grow with her positive, consistent enthusiasm and love.

I am very honored to be among the three Wayshowers of the Year 2015 with Richard Lassiter and Angela Miaoulis. They have both inspired me! Wayshower means to me that first I am a leader of myself and then I lead others. This program has taught me to live from the insideout. Basically I lead by example. My thrust is "Inner Joy Expressed". My goal is to take my Inner Joy through whatever I do in life. That's what attracts my apprentices!

When I am in my niche, fulfilling my purpose and living it, I feel alive, in the moment, energized, fully present with no noise in my head. There are no thoughts about the past and a real feeling of loving my life. It is just BE-ing my Joy, BE-ing of Service and Trusting my Inner Light.



Judy in her niche, sharing the Introductory Lecture

Julia Santiago once told me that Dr. Francisco Coll said if you want to attract your apprentices just tell Spirit: "I want to be of Service." I also like to add to that: "Bring me people who are Spiritually hungry and want what I have." These thoughts become mantras and act like magnets. Then miracles happen!

A highlight for this year, 2016, was the Blue Manual Group in Tucson. I had a wonderful woman come to me and tell me that she really wanted to be in groupwork in Tucson. None of the people I called were interested. So, I asked Spirit, my Angels: "How can we get a spiritual group going for this woman?" A few days later, I got an inner message to start a meet-up on-line. Then I got a feeling to reserve a back room at a local restaurant which was free.



Judy and her enthusiastic apprentices celebrate after their Connecting With Angels Workshop in Tucson, AZ.

Within three days, 100 people had signed up. I put up two free meetup events. I did a free Intro with some techniques. Out of that, seven amazing and committed people signed up for groupwork. One of them offered her beautiful home! We had our group! My Angels worked the miracle and I just followed that inner voice!

I love passing on the spiritual tools of the program and seeing the lights go on in people's eyes. That is spiritual freedom! I am a messenger of that in my everyday life by Walking my Talk. I get up early every morning and cleanse, meditate, get a key word and sentence and check in with my angels. I use check lists, work in compact units and regroup every night with Spirit.

I am certainly not perfect. Being in the Spiritual Monitoring Plan and regrouping with fellow spiritual educators really helps keep me on track! The simple tools of our program make such a huge difference in my life bringing fulfillment and joy. It is living a soul curriculum on Planet Earth!

Being involved in teamwork with other spiritual leaders or group members spurs me on. When someone in the group I'm facilitating talks about how cleansing or another technique has changed their life, it inspires me. The new people have so much enthusiasm that it reminds me why I am putting my energy into passing it on!

I also love teaming up with Spiritual Leaders. I am fortunate to have a four-member team in Durango, Colorado. We call ourselves the "Starlights." It consists of Debbie Guilbeau, Jo C Soignier, LisaMarie Glass and myself. Julia Santiago inspired me with the team she created in New Jersey.

### **IPM INTERNATIONAL INC.**

#### Continued from page 4

Each member of the Starlights has different gifts and talents which makes our whole far better than the sum of our parts. We come together to plan the Whole Expo, to instruct courses, give Intros, etc and keep the fire going in Durango. It is so fulfilling!



Judy (left) and the White Manual Group celebrate member JoC Soignier's birthday in Durango, CO.

In addition, it has been very rewarding to welcome Spiritual Educators to Durango and Tucson and team up together. I have been fortunate enough to team up with Jan Robinson, Dorinda Fox, April Azzolino and Roger and Diana Ringo among others.

Each time it stretches me, teaches me and I grow in my skills and wisdom. This year Dorinda Fox came to Tucson to co-instruct a retreat with me. Together we learned more about social media and promotion. Richard Lassiter and Melissa Kitto have helped us tremendously. We learned so much by regrouping what went well and what we could improve on and will build on this for next time.

"I tell Spirit — Bring me people who are spiritually hungry and want what I have. These thoughts become mantras and act like magnets. Then miracles happen!

In all, I am very grateful to be a Wayshower at this time in my life. It is a true honor and joy to be able to create with my team of angels and my fellow Spiritual Consultants, events that help and inspire my apprentices on their path. I feel like my cup runneth over! I am thrilled to be of service to myself and others!

Judy Katzin, Durango CO

## White Manual Groupwork in NJ

Some of the highlights of groupwork include discovering my gifts as a Visionary person and understanding how the traits of the other spiritual gifts are a part of me. I love our discussions about balance and practicing techniques that support and enhance my life.

I feel I am at a different place in my life and I am more open than ever to learning how to take care of myself so that I can show others through my actions and words that kindness matters. I have learned to take a step back, to think before I speak, to be receptive to others and to respect their points of view. I also embrace my angels and guides and more often ask them for help and guidance. Cleansing has been a tremendous help in keeping me in the present moment.

Growing spiritually is a gift. I feel there's more growth ahead and it feels more like the genuine me.

### Margaret DeLorenzo, Rutherford NJ

Being involved in the IPM White Manual Groupwork has helped me to be present, and live in the moment. I am free to ask my angels for guidance in all I do. What has been most practical is learning to spiritually cleanse and clear my energy, especially if I am involved in difficult circumstances with people around me. Knowing my angels are always there to assist me makes me feel secure. I am learning to stay positive, be less judgmental, recognize all paths are sacred. By asking questions rather than always giving advice, I am now experiencing a happier and more fulfilled life.

### Anne Mould, Rutherford NJ



Region 2 leaders from NJ, NY and RI gather together.

I was inspired to invest in the weekly meetings by my angels and by Julia Santiago, our group leader. Groupwork has been an affirmation of my spiritual growth. I love sharing with likeminded folks. I especially enjoy the various techniques. I now have more tools and knowledge to call on my spiritual helpers to keep me in a positive place and leave good energy in my wake. I am more determined to continue to grow and be open to more knowledge.

Adrian Martin, Rutherford NJ

# Inner Peace Movement I N T E R N A TOO N A L™

# Spirit Is Our River<sup>TM</sup>

The Inner Peace Movement inspires the "Leaders of Leaders" to share their spiritual wisdom and help others to do the same. IPM Programs were built around the world through thousands of leaders who have shared the message of spiritual freedom in 40+ countries.



# A Wave of Leadership

While riding the train into Manhattan on my way to 72<sup>nd</sup> street and Central Park West, I could barely wait to hear my daughter **Crystal Kellogg** sing, once again. She was one of four Broadway performers who were a creative part of a presentation by famous flag collector **John R. Monsky** at the **New York Historical Society**.

Dr. Paul Kellogg

What I thought was an hour about flags and hearing Crystal sing (my main goal!) turned out to be so much more! Among the innumerable flags that Mr. Monsky has, are the miniature American flags that the astronauts took to the moon during the Apollo missions of the 60's and 70's, including a slice of the actual full flag that still stands in the moon landscape to this day.

Monsky built his evening presentation around the entire Space program that began in earnest in the 1950's with the initial rocket tests, satellite launches, **Mercury and Gemini** programs. This effort, inspired by President Kennedy's commitment to put Astronauts on the moon by the end of the 60's, did just that as **Apollo 11** circled the moon and the lunar lander, **Eagle**, took **Neil Armstrong and Buzz Aldrin** to the surface.

In what became one of the most iconic quotes in history, as he stepped off the Eagle, Armstrong declared, "That is one small step for man and one giant leap for mankind." This statement, along with the photos of the beautiful blue "marble" of earth seen from the moon, inspired the world like never before with a sense of accomplishment, benevolence and freedom – to dream and go beyond!

Monsky masterfully told the story of this amazing accomplishment – the drama, intensity, the challenges, the emotion and more, weaving video clips of the astronauts and their wives sharing their experiences then and now. The singing team gave it additional life with the music of the times and ended it with all of us rising to sing **God Bless America**.



Our planetary Home!



Richard Lassiter and Melissa Kitto share about IPM.

The experience moved me to tears not only as a fan of the space program, but also of what it reminded me. As a teenager of the 60's, I was constantly aware of the great events of that era – Space, the Kennedys, King, Vietnam, Ali, the Beatles – the wave of great ideas and changes.

Nothing impacted my life more than my introduction to the **Inner Peace Movement** in 1968. **Dr. Francisco Coll** founded this world altering movement in 1964 – it was a part of the wave! And as Coll put it, "**IPM** is a forerunner

of things to come." He gave lectures in churches, homes, clubs, even laundromats! It changed the way we think about spiritual concepts and experiences. Later, he took it to the masses.

Coll and his apprentices were among the first to appear on radio and television, and in newspaper stories, explaining that *Everyone has ESP.* At one point, IPM was in the top ten of all organizations in the **USA** receiving the most media coverage. Millions read or heard of IPM and tens of thousands became involved in IPM in some way.

With the focus, perseverance, planning, strategies, manpower, all mirrored by the Space program, Coll master-minded a movement of people, systems and leadership that spawned what we see today, in the countless spiritual service providers with their array of modalities.

As I left the event that night, I was reminded of the strength of that IPM Leadership, of my involvement as a committed **IPM Leader** and my fellowship with spiritual leaders from around the world. That energy has come full circle. Let's renew our desires and commitments to our spiritual growth and great works - our dream!

Our families, our communities, our world need spiritual leadership, wayshowing examples of spiritual freedom and, just like the photo of earth from the moon, a vision of who we really are, where we come from and where we are going! The IPM Leadership song says, *"Start me with ten who will look deep within and I'll soon give you ten million more!"* Let's find that next generation of leaders!

# Sharing the Message of Spirit — A Natural High

### **IPM INTERNATIONAL INC.**



Orlando team in action: Helen McReynolds, Kathleen Ellis, Kristina Hildebrand and Aliyah!

Being Involved in an Organized Sharing of our Spiritual Programs can be called a real energy boost. Although I had good intention, I had lost my momentum in formally sharing the *Man and the Universe* lecture and in working with "the system" for sharing.

Recently, I found myself wanting to get going again in a formal way, and work with someone else to have a fresh perspective. Kristina Hildebrand and Helen McReynolds agreed to work with me on a spiritual weekend in Orlando, FL.

I found that setting up a Meetup site, working with flyers, etc. made me feel a little rusty but the more that I did it and the more the team regrouped on our plans, the higher my energy became. The date of the events came and I traveled the 300 miles to Orlando. I was totally floored regarding the tremendous flow of spirit that occurred when I stood up in front and shared on the Man and the Universe lecture.

I had forgotten how good that partnership with spirit could be. The weekend continued with a PCC mini course on Trust and sharing the **New Spiritual Horizons** techniques. It had been awhile since I have had experienced so many techniques all at once. I have always considered the techniques to be one of the best parts of the experience of ALC-associated programs. I do know that my energy got such a boost that I hardly could contain my enthusiasm.

Just like the Apprentice song of the Spiritual Plateaus says, "Now I gave one, I'm so relieved. It wasn't difficult; it was a breeze." At the end, it goes, "Let's do More."

I am already working with my partners on setting up a three month plan in the central Florida area. I am also looking around my local area for venues to share in south Georgia also. I need my next spiritual opportunity.

#### Kathleen Ellis, Leesburg GA

## **Inspiration from New Spiritual Horizons**



Dawn Overstreet

New Spiritual Horizons groupwork helped me to answer many questions in my own life, and prepared me for the transition of my parents and other key experiences in my life.

If you were to pass on right now, where would you be? I asked myself recently, why I did not feel loss when my parents both passed on within the last three months. I am feeling some-

thing but I am not responding as the rest of my family.

What I have experienced from my parents' passing is the importance of decision-making. Physical things only hinder that decision-making process, when I am not able to release things due to a lack of understanding and feeling fearful of the unknown.

My guidance walked me through these two journeys with them to give me an experience for what I had learned in group work. I now know that my response to these experiences is because of my spiritual investment in myself to secure my own facts. I am reminded that without inner security there can only be outer doubt.

My inner security comes from the relationship I have with my spiritual guidance and the comfort that I am in a better position to be of service, in any situation. When I am detached, being the deep love I am inside, and giving of myself until the last moment — this is what I have come to do.

#### Dawn Overstreet, Atlanta GA

# **Being and Living OA and IPM Programs**

No one is a better example of making the **Operation Action and IPM** programs practical than Crystal Kellogg.

Having grown up with O.A. techniques and **New Spiritual Horizons** groupwork, her perseverance to be a "Doer of Action" has fulfilled her dream of being a professional musical theater performer, taking her on national and international tours and ultimately to the pinnacle of Broadway in New York City!

After joining the ensemble of *"School of Rock,"* this spring, she is currently part of the cast of *"Finding Neverland."* With an agent, a website, and a growing resume, she is having fun and fulfillment being of service and meeting her apprentices.

Crystal has sung not only on stage, but in schools, conferences and on television. She is now sought after by other actors wanting to know how she has made a career of her talents, earning a living doing what she loves in a highly competitive arena!

With her joyful and engaging spirit, she became the spokesperson

for the **Man and the Universe** video which is on the ALC website.

Sharing from her spiritual thrust – *Beingness! My Freedom to Live!* – Crystal inspires everyone to be themselves and live their dreams.



Crystal (center) with performers of the Space Program concert presented by John R. Monsky.



# **Spirit Is Our River**<sup>™</sup>

PEACE COMMUNITY CHURCH INTERNATIONAL



Dr. Dorinda Fox-Rentz

### PCCI President's Message

Greetings! In the words of the song from the musical *Carousel*," June is Busting Out All Over!" There's rain and thunder (even in the New Mexico desert), new growth, as evidenced by baby bunnies hopping around our back yard; and there are plans coming to fruition in PCCI.

The PCCI week-long retreat at the

lowa Summer Retreats — Heaven on Earth: Living in a Stream of Love, commences June 27. It will be filled with inspiring and personal healing courses as well as leadership training, fellowships and anointing of affiliates. Details are available at www.PCClworld.org.

One of the highlights of PCCI's efforts to expand and one of my personal highlights in recent months was being part of writing and producing the first **World Day of Meditation**, introduced on May 1. I had so much fun learning to work with voice recording software, rehearsing remotely with Reverend Dawn Overstreet while we viewed still photos on our computers.

It was a labor of love and joy as I learned to relax and become one with the feeling of the narration. Dawn and I had the opportunity to experience the meditation itself many times over a two week period; I was inspired each time I heard it. Thanks to Vice-President of Expansion Carolyn Clarke for shepherding our world meditation project, and thanks to Dawn Overstreet for her narration; and to Dr. Roger Ringo for his technical direction and production of the final video with music!

Carolyn, Roger and the PCCI team spread the word about the World Meditation via FaceBook, Meetups, and personal contacts. Roger provided an insightful report on our outreach effort. The FaceBook ad appeared 15,970 times in main news-feed, mobile, and Instagram; there were 350 clicks to the World Day of Meditation registration page. The Facebook post was displayed 245 times generating 74 likes and shares. According to Roger, this Post was the best posting on the PCCI page thus far in terms of people who saw it and engaged with it. Twenty-two people signed up for the event and link via Constant Contact and were added to our CC list for communications. According to Google Analytics, 295 people visited the World Day of Meditation Sign-up page; and 96 people visited the Meditation Video page. The majority of people who visit the PCCI website are from USA, NZ, UK, and the AU.

If you missed the May 1 World Day of Meditation, you can still **find it on the PCCI website**. The PCCI Executive Team looks forward to continuing the World Meditation in the future, with the next one to be introduced near the beginning of the new spiritual year, September 1.

Roger Ringo has spearheaded updating our website with input from PCCI Executive Board members and others. Affiliates who have not yet done so are requested to send your contact info and photo to **president@pcciworld.org** so that you can be part of the PCCI website contact list. Please take time to visit <u>www.pcciworld.org</u>; and share it with friends. Info for inclusion and your feedback is welcome also.

On July 3, PCCI will hold its Annual Meeting in Iowa beginning at 9 am Central Time. If you will not be in Iowa at that time and would like to participate by teleconference (as a board member or as a visitor) you are welcome to call this number:

515-604-9000 Code: 832368.

Living In A Stream of Love, Dorinda Fox PCCI President, Bishop Placitas, NM



Dorinda in Santa Fe, NM

# The Opportunity of PCCI Bishop

Are experiences as a PCCI Bishop worth more or less than those as an Ordained Minister or a Licensed Student? No, though these affiliation levels can be understood from different perspectives.

At its core, contributing is about being of service to oneself and to others, no matter what level the PCCI affiliation. At its best, the feeling as a Bishop is one of deep and sincere commitment.

The system of PCCI affiliations forms a whole where each can learn from the other. Bishop affiliations provide practice getting one's personality out of the way, such as when discerning changes in the overall energy of the program.

As is true within any organization that uses the designation "Bishop," the opportunity excels for learning about humility, about reverence for how Spirit works, and about not mixing Social with Business.



# **Finding My Spiritual Roots**



Roger Ringo

I was recently mowing grass at the ALC International Conference Center in Osceola, IA. This is usually a one to two hour process and the areas are quite large. While mowing it gives time to regroup and meditate with guidance (I call that living in two worlds at one time).

I found myself regrouping on my affiliations with Peace Community Church International and Peace Community Church. I was first

ordained as a minister in 1982 and currently am a Bishop and serve on the Executive Committee.

In the various church publications there are references to being founded in the "peace church" tradition. While mowing the grass it suddenly occurred to me, "What is the peace church tradition?" What does it mean to be a peace church? Is the church Christian? Does it mean we are pacifists?

## Quaker worship is based on silent waiting.

Many years ago I was trained to evaluate what I was reading in two ways. What does a statement say, and what does a statement mean? Part of my quest this lifetime is to understand the underlying meaning and not just accept statements at face value. So, PCCI and PCC were founded in the peace church tradition. What does that really mean?

The magic of internet searching is that with a little patience it is not difficult to find information easily. I remembered people referring to Alice and Mary Glover as being peace activists who were associated with the Quaker Church (or Religious Society of Friends). They assisted Dr. Francisco Coll in the early years of IPM, ALC, and PCC.

I found a website (<u>www.fgcquaker.org</u>) for the **Friends General Conference** (an association of Quaker communities in the U.S.). As I read the page of Frequently Asked Questions, I felt an inner calm come over me. I felt like a void in my feelings was filled. I found a resource for what it **means** to be a peace church.

I discovered a peace church is not just being a pacifist and anti-war. Being a pacifist is just an outer personal expression of certain core spiritual values. There are other peace churches such as the Amish, but they tend to be more restrictive in their integration with society.

# The similarities between PCCI and Quaker ceremonies, procedures, fellowships, and structure are quite striking:

- Quakers believe that every person is loved and guided by God. They affirm that "there is that of God in everyone." Everyone can know God in a direct relationship.

- Many Quakers consider themselves Christian, and some do not. Many other Quakers draw spiritual sustenance from various religious traditions, such as Buddhism, Judaism, Islam, Hinduism, and the nature religions.

- Quaker worship is based on silent waiting. In this living silence, we listen for the still, small voice that comes from God through the Inward Light. During silent worship, anyone adult or child—may feel inspired to give vocal ministry (speak out of the silence).

- Quakers have noticed that certain values ("testimonies") seem to arise consistently when we try to stay close to the guidance of the Inward Teacher. Some commonly recognized testimonies include peace, integrity, equality, simplicity, community, and care for the earth.

- Quakers are of all ages, religious backgrounds, races and ethnicities, education, sexual orientations, gender identities, abilities, and classes.

- Quakers try to live and act in ways that are consistent with the divine harmony that they seek in worship.



Quakers worship in silence in their Meeting for Worship.

I do believe it is a good idea to know our organizational roots, of where we come from, and who we are from a planet earth perspective. As PCCI keeps growing and expanding, people will want to know, "What type of church are we?" Are we Christian, Catholic, or Protestant? For me an answer flows easily from my feelings: *Peace Community Churching International is founded in the peace church tradition of oneness, universal love, and led by inner spiritual guidance.* 

> Roger Ringo, D.D. Des Moines, IA



# Spirit Is Our River

## PEACE COMMUNITY CHURCH INTERNATIONAL

# The Healing Magic of Clowns!

Last December, I was checking with guidance about ways of living my purpose; one of the impressions I received was **vibrational healing**. That very evening, while attending a Transitions Network meeting, the program included entertainment by the Santa Fe Clown Chorus. I was thrilled with their performance, music, energy and fun costumes. As I listened, it occurred to me that their music was a form of vibrational healing. The Clown Chorus leader, Bettina Milliken, shared that the group performs for nursing homes and assisted living facilities; and they were looking for new members. Singing and dance had been a part of my life from early childhood to college, and I felt like a kid again filled with a desire to become a part of the Chorus. I interviewed with Bettina, attended a rehearsal and joined the chorus with a happy mission.



Bettina Milliken

Bettina Milliken is a remarkably talented and vibrant healing agent. She holds a Masters in Fine Arts, and is a licensed mental health counselor. Here is the story of the Santa Fe Clown Chorus in her own words:

"Growing up in Switzerland, I was very fortunate to see the annual Swiss National Circus program every Saturday evening before Easter. The circus is still run by the same family dynasty and a cultural tradition that the Swiss people enjoy. All I wanted to do was to run away with the circus and marry one of the sons. It never happened.



Members of the Santa Fe Clown Care Groop!

I moved to New York City where I was introduced to the Big Apple Circus which was just delightful. I became a board member and held that position for 11 years when my family moved to Santa Fe. Michael Christensen, one of the founders of the Big Apple Circus started the Clown Care Unit (CCU) which is now firmly implanted in many hospitals around the city of New York on a regular basis and other cities.

Moreover, through my work as a board member, I met Patch Adams with whom I went on three different occasions to Russia as a clown in hospitals. It was an immensely inspiring experience and this led me to start a community outreach program of Clown Care at the high school of my sons.

After 2½ years with the kids, I started the Santa Fe Clown Care Groop (groop written this way implying the "fool" in our group together with another mother of the school. This happened in 1994, and she has been my loyal partner ever since. We focus predominantly on the elder population that needs this sort of cheerfulness so much. And this is what it has been for the past 22 years!

I joined the symphony in 2008, started voice lessons, and together with my voice teacher we started the Clown Chorus, which has always been a dream of mine. And here we are, eight years later, still doing pretty much what we started, but with a different set of characters, as life has its ways of changing things. But I am ever so thankful that the Clown Chorus is alive and well. I am so thankful for it after every gig as I really do believe that our singing, music, and the fact that we are cheerful, playful and kind clowns, spreads a lot of good.

Clowns to me are caressing humans' vulnerabilities, helping to look at them with a grain of salt, reality and humor!"

### Bettina Milliken and Dorinda Fox

# **Making A Difference**

Abigail Phillips, who lives in Newport News, VA, is a language major and Army Veteran. This summer she will be traveling to Haiti with the Bridges Mission Group. Bridges' mission is to make a difference in the world by helping people in practical ways to have a better life, both spiritually and physically. Abbie is a kind and caring person who works tirelessly for a cause. Her determination, and positive "can do" attitude make her a perfect candidate for mission work in Haiti and throughout the world.

"What can I do to facilitate change?" This is a question that many people are asking themselves. Abigail Phillips says she floundered with this idea even at a young age and is excited to have one avenue for being of service to herself and her world community open up to her. **Her story follows:** 

# **Old Souls Growing In Virginia**

I recently had the privilege to be a part of an OA Youth program in Southern Virginia. It was held concurrently with the IPMI-sponsored Quarterly Regrouping. We organized ourselves on the spur of the moment, about a week in advance. What an experience!

There were 8 young people aged 5-12 and only two had I ever met before — Sofia and Marriella Jackson who had gone to the OA Summer Retreat in Iowa last year.

My part of the session was teaching the technique Energy Elevator to them. With 8 youth, and a technique that takes 5 people, it was necessary to create a plan. I had an assistant youth leader, Sofia Jackson, who helped organize and lead the technique, even though no one had experienced it before.

It's amazing how children naturally want to be a part of things and be involved. Everyone learned the mechanics, and two waited to take turns to move in and move out. Their energy was strong and powerful and I have to say it was not the easiest for me to organize and direct. After a few practices, we made it!

## These "old souls" are looking for opportunity to grow.

Everyone was amazed and of course couldn't wait to have the experience. As we changed roles it required more practice to get the energy together. The more turns there were, the better and smoother it became, and the more excited they were. Sofia then took them into the adult's workshop and they demonstrated what they had learned.

The OAers had a full day. They did a ball toss, used their creativity in coloring, drawing and doing mandala art, sang a song, did a security circle and regrouped their day. Portions of the program were led by Amanda Jackson and Alma Phillips.

### Wayshowers Community Fellowship



L to R: Sofia Jackson, Amber Rawlings, Julianna Ward, and Gabriel Ward

I certainly learned a lot about myself, my leadership, and how I interact in situations. The learning goes on. Being in this kind of energy and working with it certainly let me know where I was quickly. Try it if you want to grow quickly. Their energy is clear and strong, and they were eager to learn and participate.

I received a thank you note from Sofia, who took the leadership role and assisted me. It touched my heart deeply, and I cried to read and feel how grateful she was for the opportunity. Quite a personal healing and our youth are full of it.

I encourage you to broaden your service and organize a youth event. There is most definitely a need and desire. Soon those youth will be telling others of their great experiences, and it will grow. Those "old souls" in young bodies are looking for opportunity to grow themselves, lead themselves and feel good about someone taking the time to share with them and respect them mountain to mountain. Are you that person in your community they are waiting for?

#### Carolyn Clarke, Virginia Beach VA

#### Bridges, Continued from p.10

"We are going to Haiti to build a pedestrian bridge to help people get to the market, hospitals, and schools more easily. When the water is high, it can be dangerous and many people lose their lives trying to get across or for lack of healthcare, if they are ill.

The bridge will be mostly built by a team before us. My team will finish the last 10 days of the project. We are serving God by spreading the love of Jesus while bringing something practical that will help the people in the village in their daily lives.

Sometimes people ask why someone would do something like this. For me, the only reason is that I feel called to do this for these people. God loves all of His children and we need to share His love. I want people to feel like they are important and let them know that someone cares about them, even if that someone doesn't know them.

All of you participating in helping me are also showing that you care about these people who you have never met, but are people like you, with hearts, families, and needs to fulfill. This is a project that will affect people in a way that we could never fully understand. Thank you, from me to you, all so much for taking the time to care about the quality of the lives of these people. "

#### Abigail Phillips, Newport News VA

Note: Abigail Phillips, the daughter of PCCI Ordained Minister Alma Phillips, has attended ALC spiritual training courses.

# **Spirit Is Our River**<sup>™</sup>

#### Muhammad Ali, continued from page 1

Since the Paris attacks in 2015, Ali spoke out against the incrimination of Islam with ISIL attacks:

"I am a Muslim and there is nothing Islamic about killing innocent people in Paris, San Bernardino, or anywhere else in the world. True Muslims know that the ruthless violence of so-called Islamic Jihadists goes against the very tenets of our religion." - Ali, 2015.



Years before his passing, Ali had planned his own memorial services, saying he wanted to be "inclusive of everyone, where we give as many people an opportunity that want to pay their respect to me," according to a family spokesman.

Muhammad Ali received the Presidential Medal of Freedom in 2005.

The three-day event, held in Louisville, KY,

included a festival of public arts, entertainment and educational offerings sponsored by the city; an Islamic prayer program; and a memorial service, held in KFC Yum Center with 20,000 people in attendance.

Speakers included religious leaders from various faiths, former President Bill Clinton, comedian and close friend Billy Crystal, and broadcaster Bryant Gumbel, along with Ali's daughters Maryum and Fasheda and his widow Lonnie.

### "A man who has no imagination has no wings." Muhammad Ali

"Muhammad indicated that when the end came for him, he wanted us to use his life and his death as a teaching moment for young people, for his country and for the world," Lonnie said. "In effect, he wanted us to remind people who are suffering that he had seen the face of injustice. That he grew up during segregation, and that during his early life he was not free to be who he wanted to be. But he never became embittered enough to quit or to engage in violence. "

President Clinton spoke about how Ali had found selfempowerment. "I think he decided he would not ever be disempowered. He decided that not his race nor his place, the expectations of others – positive, negative or otherwise – would strip from the power to write his own story."

Crystal, who was a struggling comedian when he became friends with Ali, said of the boxing legend: "Ultimately, he became a silent messenger for peace, who taught us that life is best when you build bridges between people, not walls."

#### **Join Wayshowers Community Fellowship!**

Corporate Membership \$50 Youth Membership (up to age 21) \$25 Sage (63+) & Disabled Membership \$25

Membership includes opportunity to host Weekly Spirit Call, receive and direct healing for self and others, share spiritual backing and sponsorship, receive special discounts on WCF Creative Retreats and four issues of *Spirit Is Our River*. Email *president@wayshowerscommunityfellowship.org* 

### WCF & PCCI Team Up On Spirit Call

WCF and PCCI are teaming up to share the worldwide weekly Spirit Call happening every Friday evening, 9:30pm EST. WCF sponsors the call on 1<sup>st</sup> and 3<sup>rd</sup> Fridays.

PCCI is the host on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays. Enjoy the unique energy of the WCF master souls and the PCCI angels that back each call, plus the unique meditation and healing techniques. PCCI affiliates and WCF members can be a Host and Co-Host on each call.

More info: www.wcfworld.org or www.pcciworld.org

Call: (515) 604-9000 Pin 832368#

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### To contact the different non-profits:

<u>Wayshowers Community Fellowship Corp.</u> www.wayshowerscommunityfellowship.org president@wayshowerscommunityfellowship.org

IPM International: www.ipminternational.org Email: president@ipminternational.org

<u>Peace Community Church International:</u> www.pcciworld.org Email: info@pcciworld.org



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